

# Fishhawk Ranch

## HEALTH & WELLNESS



**Saturday**

**March 26**

**10 am – 1 pm**

**Park Square**

16134 Churchview Dr.

LITHIA

*Spring into health*

**with your**

**“Wellness Passport”.**

**Experience all  
interactive business**

**booths and be  
eligible to win a  
raffle prize!**

**Healthy FREE fun  
for everyone!!**

- Raffles & Giveaways
- Interactive Business Booths
- Food Samples
- Fitness & Healthy Food Demos
- Health Education & Resources
- Free Health Screenings
- Mobile Mammography & Dermatology

*\*appointments strongly recommended*

*\* most major insurances accepted*

[www.onspotdermatology.com/fishhawk](http://www.onspotdermatology.com/fishhawk)

[www.AdventHealthMobileMammography.com](http://www.AdventHealthMobileMammography.com)

- Blood Drive

[www.oneblood.org/donate-now](http://www.oneblood.org/donate-now)

*Use sponsor code 25477*

- Fire Prevention Resources
- Music



For more information call  
(813) 957-1841 or email  
[sparvin@fishhawkcranchcdd.org](mailto:sparvin@fishhawkcranchcdd.org)